

withstanding in this rejoice not, that the spirits are subject unto you; but rather rejoice, because your names are written in heaven.”

4. With faith in God—Certainty.

Ephesians 6:16 *“Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.”*

Romans 10:17 *“So then faith cometh by hearing, and hearing by the word of God.”*

I John 5:4 *“For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith.”*

5. With assurance of our salvation—Stability.

Ephesians 6:17a *“And take the helmet of salvation...”*

John 10:28 *“And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand.”*

6. With His Word.

Ephesians 6:17b *“...and the sword of the Spirit, which is the word of God.”*

Hebrews 4:12 *“For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”*

7. With prayer.

Ephesians 6:18 *“Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;”*

Notes:



FOUNDATIONS OF MY FAITH SERIES

LESSON 17: OUR SPIRITUAL ARMOUR

Our Spiritual Armour

Ephesians 6:10-11 “Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.”

How do we recognize our enemies?

1. There is an enemy within...our own flesh.

Matthew 4:2-3 “And when he had fasted forty days and forty nights, he was afterward an hungered. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.”

Romans 8:8 “So then they that are in the flesh cannot please God.”

Galatians 5:17 “For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.”

2. There is an enemy unseen...the Devil himself.

Matthew 4:6 “And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.”

I Peter 5:8 “Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour.”

James 4:7 “Submit yourselves therefore to God. Resist the devil, and he will flee from you.”

3. There is an enemy that we can see...the world.

Matthew 4:8-9 “Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; And saith unto him, All these things will I give thee, if thou wilt fall down and worship me.”

I John 2:15-17 “Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world. And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.”

James 4:4 “Ye adulterers and adulteresses, know ye not that the friendship of the world is enmity with God? whosoever therefore will be a friend of the world is the enemy of God.”

What is Satan’s strategy to defeat us?

1. His attacks follow a pattern.

A. They are constant.

I Peter 5:8 “Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:”

Luke 22:31 “And the Lord said, Simon, Simon, behold, Satan hath desired to have you, that he may sift you as wheat:”

B. They are designed to take advantage of our weak areas.

2 Corinthians 2:11 “Lest Satan should get an advantage of us: for we are not ignorant of his devices.”

Ephesians 4:27 “Neither give place to the devil.”

2. His strategies are predictable.

A. He is a liar.

John 8:44 “Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it.”

I Chronicles 21:1 “And Satan stood up against Israel, and provoked David to number Israel.”

B. He is an accuser.

Revelation 12:10 “And I heard a loud voice saying in heaven, Now is come salvation, and strength, and the kingdom of our God, and the power of his Christ: for the accuser of our brethren is cast down, which accused them before our God day and night.”

C. He attacks our identity.

Matthew 4: 3, 6 “And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread...And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.”

3. By enlisting evil and wicked spiritual powers.

Ephesians 6:11-12 “Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.”

How does God equip us to be victorious?

1. With the truth—Integrity.

Ephesians 6:14a “Stand therefore, having your loins girt about with truth...”

John 8:32 “And ye shall know the truth, and the truth shall make you free.”

John 17:17 “Sanctify them through thy truth: thy word is truth.”

2. With righteousness—Purity.

Ephesians 6:14b “...and having on the breastplate of righteousness;”

Deuteronomy 6:25 “And it shall be our righteousness, if we observe to do all these commandments before the LORD our God, as he hath commanded us.”

3. With peace—Tranquility.

Ephesians 6:15 “And your feet shod with the preparation of the gospel of peace;”

John 14:27 “Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.”

Luke 10:19-20 “Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you. Not-