

4. By not confessing sin.

Psalm 66:18 *"If I regard iniquity in my heart, the Lord will not hear me:"*

Isaiah 59:1-2 *"Behold, the LORD's hand is not shortened, that it cannot save; neither his ear heavy, that it cannot hear: But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear."*

Practical Tips on Prayer

1. Keep a list.

2. Schedule a time.

Psalm 55:17 *"Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice."*

Matthew 14:23 *"And when he had sent the multitudes away, he went up into a mountain apart to pray: and when the evening was come, he was there alone."*

3. Find a place.

Mark 6:46 *"And when he had sent them away, he departed into a mountain to pray."*

Genesis 19:27 *"And Abraham gat up early in the morning to the place where he stood before the LORD:"*

4. Keep a record of answered prayers.

Psalm 118:21 *"I will praise thee: for thou hast heard me..."*

Notes:



**FOUNDATIONS
OF MY FAITH
SERIES**

**LESSON 5:
PRAYER**

Prayer

What is Prayer?

1. Prayer is access to God.
Ephesians 2:18 *“For through him we both have access by one Spirit unto the Father.”*

Hebrews 4:16 *“Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.”*
2. Prayer is obedience to God.
I Thessalonians 5:17 *“Pray without ceasing.”*

Luke 18:1 *“And he spake a parable unto them to this end, that men ought always to pray, and not to faint;”*

Proverbs 3:5 *“Trust in the LORD with all thine heart; and lean not unto thine own understanding.”*
3. Prayer is asking God for help.
Matthew 7:7 *“Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:”*

Psalm 46:1 *“God is our refuge and strength, a very present help in trouble.”*

Psalm 60:11 *“Give us help from trouble: for vain is the help of man.”*

Will God Hear my Prayer?

1. Yes! God does hear prayer.
Job 22:27 *“Thou shalt make thy prayer unto him, and he shall hear thee...”*

Psalm 5:3 *“My voice shalt thou hear in the morning, O LORD; in the morning will I direct my prayer unto thee, and will look up.”*

Psalm 65:2 *“O thou that hearest prayer, unto thee shall all flesh come.”*

Jeremiah 33:3 *“Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not.”*

How Should I Pray?

1. Prayer to God, not to impress people.
Matthew 6:5-6 *“And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward. But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.”*

2. Do not pray by repeating empty words.
Matthew 6:7-8 *“But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking. Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.”*
3. Come to God with a respectful attitude.
Matthew 6:9 *“After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.”*
4. Desire God’s will in your life. Want what God wants.
Matthew 6:10 *“Thy kingdom come. Thy will be done in earth, as it is in heaven.”*
5. Ask for daily needs.
Matthew 6:11 *“Give us this day our daily bread.”*
6. Acknowledge your sins and forgive those who have sinned against you.
Matthew 6:12 *“And forgive us our debts, as we forgive our debtors.”*
7. Pray for spiritual protection and help.
Matthew 6:13 *“And lead us not into temptation, but deliver us from evil...”*
8. Accept that God is in control and that He deserves glory.
Matthew 6:13 *“...For thine is the kingdom, and the power, and the glory, for ever. Amen.”*

Additional examples of prayer:

Prayer of Jabez I Chronicles 4:10
Paul’s Prayer Ephesians 3:14-21; Colossians 1:9-11

Why Does it Seem that Some Prayers Do Not Get Answered?

1. By not asking.
James 4:2 *“...yet ye have not, because ye ask not.”*
2. By asking selfishly.
James 4:3 *“Ye ask, and receive not, because ye ask amiss, that ye may consume it upon your lusts.”*
3. By not having a proper relationship with your spouse.
I Peter 3:7 *“Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.”*